

Course Catalog



Ohio

Health & Fitness

Adaptive Physical Education
Advanced Physical Education 1
Advanced Physical Education 2
Anatomy
Comprehensive Physical Education
Credit Recovery Health
Credit Recovery Physical Education 1
Credit Recovery Physical Education 2
Drugs & Alcohol
Exercise Science
Family & Consumer Science
Family Living & Healthy Relationships
First Aid & Safety
Fitness Basics 1
Fitness Basics 2
Fitness Fundamentals 1
Fitness Fundamentals 2
Flexibility Training
Group Sports
Health & Personal Wellness
Health Careers
HOPE 1
HOPE 2
Individual Sports
Intro to Coaching
Intro to Group Sports 1
Intro to Group Sports 2
Intro to Individual Sports 1
Intro to Individual Sports 2
Intro to Nursing 1
Intro to Nursing 2
Life Skills
Lifetime & Leisure Sports
Medical Terminology
Middle School Health
Nutrition
Outdoor Sports
Personal Health & Fitness
Personal Training Career Prep
Personal Training Concepts

Physiology
Running
Sports Officiating
Strength Training
Walking Fitness