



## Ohio Health and Fitness

### Health and Fitness

Adaptive Physical Education  
Advanced Physical Education 1  
Advanced Physical Education 2  
Anatomy  
Comprehensive Physical Education  
Credit Recovery Health  
Credit Recovery Physical Education 1  
Credit Recovery Physical Education 2  
Drugs & Alcohol  
Elementary Health 1 A/B  
Elementary Health 2 A/B  
Elementary Health 3 A/B  
Elementary Health 4 A/B  
Elementary Health 5 A/B  
Elementary Health Kindergarten A/B  
Elementary Physical Education 1 A/B  
Elementary Physical Education 2 A/B  
Elementary Physical Education 3 A/B  
Elementary Physical Education 4 A/B  
Elementary Physical Education 5 A/B  
Exercise Science  
Family & Consumer Science  
Family Living & Healthy Relationships  
First Aid & Safety  
Fitness Basics 1  
Fitness Basics 2  
Fitness Fundamentals 1  
Fitness Fundamentals 2  
Flexibility Training  
Group Sports  
Health & Personal Wellness  
Health Careers  
HOPE 1  
HOPE 2  
Individual Sports  
Intro to Coaching  
Intro to Group Sports 1  
Intro to Group Sports 2  
Intro to Individual Sports 1  
Intro to Individual Sports 2

Intro to Nursing 1  
Intro to Nursing 2  
Life Skills  
Lifetime & Leisure Sports  
Medical Terminology  
Middle School Health  
Nutrition  
Outdoor Sports  
Personal Health & Fitness  
Personal Training Career Prep  
Personal Training Concepts  
Physiology  
Running  
Sports Officiating  
Strength Training  
Walking Fitness