Coverage Period: 7/1/2020-6/30/2021
Coverage for: Single or Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 800-315-3137 or visit us at MedMutual.com/SBC. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> or call 800-315-3137 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network: \$500/single, \$1,000/family Non-Network: \$1,000/single, \$2,000/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Certain preventive care and all services with <u>copayments</u> are covered and paid by the plan before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	Not applicable.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Coinsurance Limit:  Network: \$2,000/single, \$4,000/family Non-Network: \$4,000/single, \$8,000/family Out-of-pocket Limit: Network: \$6,600/single, \$13,200/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit?</u>	Balance-billed charges, health care this <b>plan</b> doesn't cover	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit.</u>
Will you pay less if you use a <u>network provider</u> ?	Yes, See MedMutual.com/SBC or call 800-315-3137 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> , for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <b>specialist</b> you choose without a <b>referral</b> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	nmon Sandasa Yau May Naad		ı Will Pay	Limitations, Exceptions, & Other
Medical Event	Services You May Need	A Network Provider (You will pay the least)	A Network Provider (You will pay the least)	Important Information
	Primary care visit to treat an injury or illness	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none-
	<u>Specialist</u> visit	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge	50% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a too!	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	none
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	none
If you need drugs to	Generic drugs	\$10 Retail \$20 Mail	\$10 Retail \$20 Mail	OTCs, Vitamins, Cosmetic products not including Acne medications
treat your illness or condition	Preferred brand drugs	\$30 Retail \$60 Mail	\$30 Retail \$60 Mail	OTCs, Vitamins, Cosmetic products not including Acne medications
More information about prescription drug coverage is available at 1-800-776-1355.	Non-preferred brand drugs	\$50 retail \$100 Mail	\$50 retail \$100 Mail	OTCs, Vitamins, Cosmetic products not including Acne medications
	Specialty drugs	Covered according to Preferred or Non- preferred status above	Covered according to Preferred or Non- preferred status above	none-
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% <u>coinsurance</u>	none
surgery	Physician/surgeon fees	20% <u>coinsurance</u>	40% coinsurance	none
If you need immediate medical attention	Emergency room care	\$75 <u>copay</u> /visit	\$75 <u>copay</u> /visit	none
	Emergency medical transportation	20% <u>coinsurance</u>	40% coinsurance	none
	<u>Urgent care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none-

Common		What Yo	u Will Pay	Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	A Network Provider (You will pay the least)	A Network Provider (You will pay the least)	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	none
stay	Physician/surgeon fee	20% coinsurance	40% coinsurance	none
		Benefits paid based on	Benefits paid based on	
If you need mental health, behavioral	Outpatient services	corresponding medical benefits	corresponding medical benefits	none———
health, or substance abuse services	Inpatient services	Benefits paid based on corresponding medical benefits	Benefits paid based on corresponding medical benefits	none-
If you are pregnant	Office visits	No charge	50% <u>coinsurance</u>	Cost sharing does not apply to certain preventive services.  Depending on the type of services, copay, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	20% coinsurance	40% <u>coinsurance</u>	none
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	none
If you need help recovering or have other special health	Home health care	20% coinsurance	40% <u>coinsurance</u>	none
	Rehabilitation services	20% coinsurance	40% coinsurance	none
	Habilitation services	20% coinsurance	40% <u>coinsurance</u>	none
	Skilled nursing care	20% <u>coinsurance</u>	40% coinsurance	(100 days per benefit period)
needs	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none
	Hospice services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none

Common	Services You May Need	What Yo	u Will Pay	Limitations, Exceptions, & Other Important Information
Medical Event		A Network Provider (You will pay the least)	A Network Provider (You will pay the least)	
If your child needs dental or eye care	Children's eye exam	Not covered on medical but covered under separate stand-alone vision plan	Not covered on medical but covered under separate stand-alone vision plan	none-
	Children's glasses	Not covered on medical but covered under separate stand-alone vision plan	Not covered on medical but covered under separate stand-alone vision plan	none-
	Children's dental check-up	Not covered on medical but covered under separate stand-alone dental plan	Not covered on medical but covered under separate stand-alone dental plan	none-

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Children's dental check-up
- Children's glasses
- Cosmetic surgery

- Dental care (adult)
- Hearing aids
- Infertility treatment
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Routine eye care adult
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

Chiropractic care

Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: . Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 800-315-3137.

# Does this Coverage Provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this Coverage Meet the Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 800-315-3137.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-315-3137.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码800-315-3137.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800-315-3137.

# **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of network pre-natal care and a hospital delivery)

■The plan's overall deductible	\$500
■ Specialist coinsurance	20%
■Hospital (facility) coinsurance	20%
■Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$500	
Copayments	\$40	
Coinsurance	\$2,000	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$2,600	

# Managing Joe's type 2 Diabetes (a year of routine network care of a well-controlled condition)

■The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
■Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

\$12.800

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

## In this example, Joe would pay:

Cost Sharing		
Deductibles	\$500	
Copayments	\$1,000	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$1,660	

# **Mia's Simple Fracture**

(network emergency room visit and follow up care)

■The plan's overall deductible	\$500
Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment *(crutches)*Rehabilitation services *(physical therapy)* 

Total Example Cost	\$1,900

### In this example, Mia would pay:

Cost Sharing		
Deductibles	\$500	
Copayments	\$0	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$40	
The total Mia would pay is	\$740	